



## Indoor Climbing Instructor

### Candidate Assessment Record – Assessment Summary sheet

Candidate Name:

Assessment Date:

Assessors:

Assessment Venue:

Date and Venue of Training Course:

Staff who conducted training:

| Assessment Item                                                                                                                                                                                               | Assessor Comments                        |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|
| <b>Logged experience since training – Personal climbing</b><br><br>Minimum – 50 routes led and 50 routes belayed, variety of venues                                                                           | (Pass, Fail, Defer) – further comments - |
| <b>Logged experience since training – Instructing / teaching</b><br>(assisting, co-delivering is appropriate)<br><br>Minimum - Five days (equivalent) involvement teaching / instructing indoor lead climbing | (Pass, Fail, Defer) – further comments - |
| <b>Completed Assignment</b><br><br>Instructional “session plan” for climbing instructional session – (specific to model clients for assessment)                                                               | (Pass, Fail, Defer) – further comments - |
| <b>Current First Aid qualification</b>                                                                                                                                                                        | Provider -<br><br>Issue Date -           |
| <b>Practical assessment tasks</b><br><br>All practical assessment tasks completed (including lead climbing competently and confidently)                                                                       | (Pass, Fail, Defer) – further comments - |
| <b>Overall result of Indoor Climbing Instructor Assessment</b>                                                                                                                                                | (Pass, Fail, Defer) – further comments - |



## ICI Assessment Record

### Outline-

The Assessment will involve delivering an instructional session to “model clients” (real climbers of appropriate ability level), the session delivered to these climbers needs to meet the aims / objectives of that group, as well as their actual displayed ability level, because of this there will be times when aspects of the assessment are not demonstrated with the “model clients” on these occasions assessors may use other techniques (questioning. Discussion, peer to peer delivery) to establish if competence is displayed.

**Model clients** – The level of competence of “model clients” is essential to the integrity of the assessment process, model clients experience level should be around the level of,

- Experienced indoor climbers, wishing to progress to lead climbing - or
- Climbers with experience outdoor top roping and seconding routes – or
- Climbers with minimal experience indoor leading that wish to improve knowledge and confidence

Judgements on whether model clients are appropriate (have to little, or too much experience) will need to be made by assessors prior to the assessment to allow the candidates to develop a realistic sessions plan for the group they will have.

### Assessment itinerary –

- Two hours – Technical competence
- Four hours – Climbing session delivered to “model clients”
- Two hours – Allocated to cover outstanding requirements via mock demonstrations and questioning

## Technical competence -

Lead routes in a competent assured manner, demonstrating good techniques and systems –

| Assessment Variable                                                                                    | Comments                                                                                    |
|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| Route choices / grades <ul style="list-style-type: none"> <li>• ?</li> <li>• ?</li> <li>• ?</li> </ul> |                                                                                             |
| Competence of climbing                                                                                 |                                                                                             |
| Clarity of communications with belayer                                                                 |                                                                                             |
| Choice of systems (Tie in etc)                                                                         |                                                                                             |
| Choice of equipment                                                                                    |                                                                                             |
| Overall safety and surety                                                                              |                                                                                             |
| Efficiency and confidence                                                                              | Time taken: <ul style="list-style-type: none"> <li>• ?</li> <li>• ?</li> <li>• ?</li> </ul> |

Additional comments:

Belay lead climbers on routes, demonstrating a comprehensive understanding and ability to use different belay devices and approaches –

| Assessment Variable                                     | Comments |
|---------------------------------------------------------|----------|
| Choices of devices and systems                          |          |
| Competence of belaying                                  |          |
| Clarity of communications with climber                  |          |
| Explain choice of equipment - opinions, preferences etc |          |
| Overall safety and surety                               |          |

Additional comments:



## ICI Assessment Record

**Indoor lead Climbing Instructing – half day – real learners** – Candidate to organise and deliver an instructional / teaching session to genuine learners (2 or 3 participants) that meets the specific needs, aims and objectives of their “clients”. The delivery of this session should be based on the previous experience and displayed competence of the “clients” and should follow the instructional session plan created by the candidate (with modifications as required). The candidate needs to deliver a quality, relevant, safe instructional session teaching lead climbing skills.

| Assessment requirements                                                                                                          | Comments            |
|----------------------------------------------------------------------------------------------------------------------------------|---------------------|
| <b>Outline of client group (Age, aims objectives, previous experience etc) –</b>                                                 |                     |
| Plan and prepare instructional session to meet client’s needs.                                                                   |                     |
| Structure training delivery to maximise outcomes (progressions, variable practice etc)                                           |                     |
| Adapt delivery to meet demonstrated progression of clients and available resources / areas etc.                                  |                     |
| Technical content is consistently correct and in line with good practice approaches                                              |                     |
| Delivery in isolation and in context used and appropriate for level of displayed competence                                      |                     |
| A range of appropriate progressions used to maximise active engagement of participants                                           |                     |
| A range of appropriate progressions used to ensure appropriate levels of control and safety maintained                           |                     |
| Back up systems and instructor positioning used effectively to support learning and ensure safety                                |                     |
| Appropriate use of humour and seriousness at correct times to engage learning but also highlight risk                            |                     |
| Clear, concise uncluttered delivery during explanations and briefings                                                            |                     |
| Examples and demonstrations provided represent a “model performance” and provided good visual images to learn from               |                     |
| Clients received individual feedback and instruction, and were allowed to make mistakes / problem solve (within safe parameters) |                     |
| <b>Strengths of Candidates instructional session delivery</b>                                                                    | Detailed comments - |

## ICI Assessment Record

|                                                           |                              |
|-----------------------------------------------------------|------------------------------|
| <b>Areas of further potential improvements -</b>          | Detailed comments -          |
| <b>Any areas of specific incorrect / unsafe practice?</b> | Detailed comments (if any) - |

  

| Specific skills                                                                             | How covered | Assessor comments |
|---------------------------------------------------------------------------------------------|-------------|-------------------|
| Safe, efficient belaying of lead climbers, including, weight differences and catching falls |             |                   |
| Climbing with good, safe technique                                                          |             |                   |
| Safe, efficient methods of clipping quick draws                                             |             |                   |
| Good practice concepts during falls                                                         |             |                   |
| Backing off routes, options                                                                 |             |                   |
| Awareness of potential problems – Back clipping, Z clipping etc                             |             |                   |
| Route selection and decision making                                                         |             |                   |

**How covered = P** – Practically, in context with group, **M** – Mock demonstration, **Q** – Questioning and discussion

|                          |                     |
|--------------------------|---------------------|
| <b>Overall summary -</b> | Detailed comments – |
|--------------------------|---------------------|