



Top Rope Guide – Climb/ Abseil

Candidate Assessment Record – Assessment Summary sheet

Candidate Name:

Assessment Date:

Assessors:

Assessment Venue:

Date and Venue of Training Course:

Staff who conducted training:

Assessment Item	Assessor Comments
Logged experience since training – Personal climbing Minimum five days (min 20 routes) personal experience climbing at outdoor crags at a variety of venues	(Pass, Fail, Defer) – further comments -
Logged experience since training - guiding / supervising (assisting or co-delivering is appropriate) Minimum five days involvement delivering tope rope climbing and abseil group activities.	(Pass, Fail, Defer) – further comments -
Completed Assignment Written TRG questionnaire	(Pass, Fail, Defer) – further comments -
Current First Aid qualification	Provider - Issue Date -
Practical assessment tasks All practical assessment tasks completed	(Pass, Fail, Defer) – further comments -
Overall result of Top Rope Guide Assessment	(Pass, Fail, Defer) – further comments -

TRG Top-rope Bottom Belay Checklist - Candidates should construct and use a top rope bottom belayed system

Assessment Variable	Comments
Specific system set-up considerations	
Quality and appropriateness of anchors chosen	
Number of anchors used	
Choice of anchor types	
Load sharing	
Independence throughout system	
Load angles	
Location/stability of pivot point	
Use of padding/rope protection	
Knots and equipment used	
Overall safety of systems	
Efficiency of system set-up	Set-up time:
Specific bottom belay teaching -	
Choice and suitability of belay system and devices	
Sequence of instruction and progressions	
Clarity and relevance of explanations and demonstrations	
Appropriate terminology, pre-climbing checks and communications	
Choice and suitability of back-up systems, supervision strategy and checking systems	

Additional comments:

TRG Assessment Record

TRG Top-rope Top Belay Checklist - Candidates should construct and use a top rope top belayed system

Assessment Variable	Comments
General top rope system set up - Type of system used – direct belay, semi direct belay	
Quality and appropriateness of anchors chosen	
Number of anchors chosen	
Choice of anchor types	
Load sharing and angles	
Independence throughout system	
Location and positioning of focal point	
Knots and equipment	
Overall safety of systems	
Efficiency of system set-up	Set-up time:
Specific top belay systems use - Choice and suitability of belay system and devices	
Clarity and relevance of explanations and demonstrations	
Belayer positioning	
Security of belayer under load	
Group management, changeovers, pre-climbing checks, communication	

Additional comments:



TRG Assessment Record

TRG Abseiling Set-ups Checklist - Candidates should construct and use a group / novice abseil system

Assessment Variable	Comments
General system set up skills - Type of system used – direct top belay, semi direct top belay	
Quality and appropriateness of anchors chosen	
Number of anchors chosen	
Choice of anchor types	
Load sharing	
Load angles	
Location and positioning of focal point	
Independence throughout system	
Use of padding/rope protection	
Knots and equipment	
Efficiency of system set-up	Set-up time:
Specific abseil system use - Choice and suitability of belay system and devices	
Clarity and relevance of explanations and demonstrations	
Belayer positioning and security under load	
Location and appropriateness of abseil take-off point	
Group management, changeovers, pre-abseiling checks, communication	
Overall safety of system	

Additional comments:



TRG Assessment Record

TRG Rescue skills checklist – Provide assistance from below – take over active belay device, ascend to climber and assist with issues, attach to climber, return to ground

Assessment Variable	Comments
Specific systems used	
Choice of equipment carried	
Suitability of system used	
Safety/backup precautions	
Ability to deal with problems	
Overall safety of systems and management of rest of group	
Efficiency accomplishing task	Time Taken:

Additional comments:

TRG Rescue skills checklist- Provide assistance from above – Descend to climber/ abseiler using a self-protected abseil system, attach to client, assist with issues and descend to ground.

Assessment Variable	Comments
Specific systems used	
Choice of equipment carried	
Suitability of system used	
Safety/backup precautions	
Ability to deal with problems	
Overall safety of system and management of rest of group	
Efficiency accomplishing task	Time taken:

Additional comments:



TRG Assessment Record

TRG Rescue skills checklist- Hoist system – From a top belay system (as used in the abseil systems or top belayed climb system) demonstrate the ability to use a hoist system to raise a climber/ abseiler a short distance.

Assessment Variable	Comments
Belay system and device used – (direct belay, semi direct belay, type of belay device)	
Equipment carried and used	
Positioning of belayer during hoist	
System used to accomplish task (assisted hoist, unassisted hoist etc)	
Back-up and safety precautions used	
Ability to deal with problems	
Overall safety of system	
Efficiency performing task	Time taken:

Additional comments:



TRG Assessment Record

TRG Guiding (in context) Skills Checklist – Candidate to organise and deliver a top rope session to meet the needs of the scenario group outlined, the session must incorporate at least two separate top rope activities (top roped bottom belayed climbing, top roped top belayed climbing, abseiling). This is about seeing the candidates display judgment and decision making in relation to providing a quality top rope climbing / abseil session.

The time allocated for the session will be around two to three hours, as agreed with the assessor.

Assessment requirements	Comments
Outline of scenario group given (Age, aims objectives etc) –	
Top rope systems used and displayed (bottom belayed, top belayed, abseil systems)	
Candidate to select routes and activities and prepare all systems and equipment required for use during session	
Candidate maintains own safety whilst at height and uses appropriate edge protection systems	
Efficiency in setting up initial systems	Time taken -
Candidate to provide an introductory “Brief” to the crag and climbing session, outlining hazards, aims, objectives and expectations	
Candidate to deliver equipment brief and overview, instruct fitting of and use of all equipment in a way appropriate for the group, do all required safety checks	
Candidate to maximise the active involvement of the participants using a range of basic climbing warmups, activities and drills to get people moving on rock	climbing progressions, games and activities used?
Candidate to demonstrate and teach correct use of belay systems, tying in, buddy checks and basics of climbing	Specific systems chosen?
Candidate to supervise the session, coaching climbing technique, improving and correcting belay technique and systems ensuring safety throughout, maintain a position of maximum use that allows them to provide safety to the whole group	climbing activities and coaching used?
Candidate to continually risk assess and adjust activities and participation as needed in response to all potential hazards present and needs of group	
Efficiency in adjusting systems and setting up alternative systems	Time taken -
Overall Judgment, quality and safety throughout	
Ability to deal with problems	Problems simulated